

# January 2024



quad care  
INDIVIDUAL SUPPORT FOR LIFE.

## Quad Care's Hydrotherapy!

At Quad Care, we believe that everyone deserves access to therapeutic opportunities, and our Hydrotherapy Services are designed with inclusivity in mind. Tailored to accommodate various abilities, our aqua-based programs cater to individuals with diverse needs, ensuring a welcoming and supportive environment for all.

One of the key strengths of hydrotherapy is its ability to be tailored to individual needs. Our experienced Exercise Physiologist work closely with participants, designing personalised programs that address specific challenges and goals.

Quad Care Pty Ltd acknowledges the Jinibara & Gubbi Gubbi peoples who are the traditional custodians of the land where we work. We acknowledge their ongoing commitment and connection to the Land, Waters and Community.

We pay our respect to Elders' past, present and emerging.

We celebrate the stories, culture and traditions of all Aboriginal and Torres Strait Islander peoples who work and live on this land



## Hydrotherapy with Quad Care!

We've invested in hydrotherapy facilities that prioritize accessibility. Our ramps, lifts, and specially designed pools make it easy for individuals with mobility challenges to access the water comfortably. We believe in breaking down barriers and creating an environment where everyone can thrive.





# A MESSAGE FROM OUR DIRECTOR, DANI

## Memories From Travelling Australia in 2016

### Dani's Blog Post From January 2016:

I feel keeping an open record about this trip might be good for our souls and others, so let's do it. Maybe one day our kids will read it and try something similar.... hopefully without the broken neck.

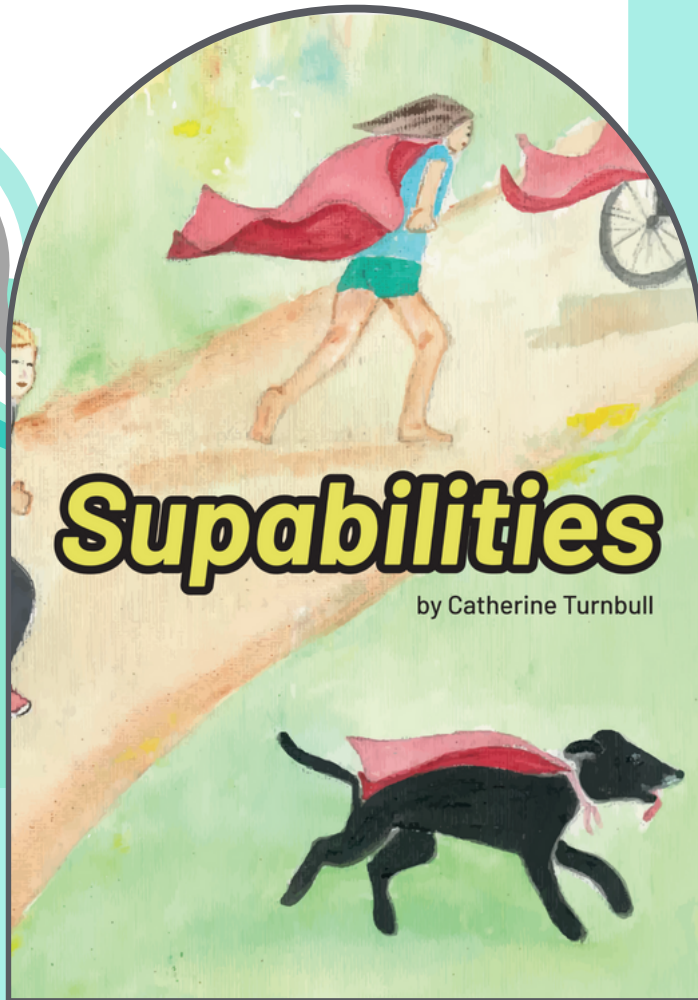
One of the hardest things to absorb has been being a complete spectacle. Not only is Zac a young man in an electric chair, he has kids, and a young partner, and we are travelling.. around Australia. We have been preparing ourselves for two years. But in just a second that is so much for people to take in, they need time to gawk and absorb. Although we're the first person they've seen doing such a thing, they are the hundredth person who has stared at us, that day.

I can't deny the obvious encroaches on your relationship that it forces though.

Up close and personal all the time, little space, not enough time etc etc. But that would happen to anyone. One of the biggest things to remember with this injury is that people argue in every relationship regardless of whether either of you is living with a disability, or you're travelling Australia.... With a three year old

# Happy New Year !

Wishing you a year filled with joy, success, and countless opportunities! Happy New Year from all of us at Quad Care. Here's to new beginnings and continued growth in 2024! 🎉🌟



Supabilities is a story where disabilities are supabilities! View the world of disability through the eyes of our children. Supabilities is available for purchase on our website or you can visit us at our Woodford office !

## Off-Roading Adventures for All Abilities

We are thrilled to introduce a new horizon of possibilities at Quad Care - 4WDing and outdoor adventures! As advocates for inclusive outdoor experiences, we believe that everyone, regardless of ability, should have the chance to explore the great outdoors and connect with nature. Our 4WDing services are designed to make this vision a reality.

If you're looking to start your outdoor adventures today, reach out to us via our website enquiries !



## We're looking for a Speech Pathologist !

We are looking for a passionate Speech Pathologist to join our multidisciplinary team!

Apply on our website today!



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