

December 2023



quad care

EMOTIONAL SUPPORT FOR LIFE

Quad Care's Social Strength Group



Our Accredited Exercise Physiologist, Tim, will be facilitating group sessions for neurodiverse children in late Jan 2024!

Exercise can positively impact children with many benefits!

Motor skills development, reduction of hyperactivity and aggression and increased social interaction are just a few!

Quad Care's exercise sessions will be tailored to the individual needs of the participants and can be adapted to support your child achieve their goals!

Contact us to learn more information about our exercise group sessions for neurodiverse children.

Quad Care Pty Ltd acknowledges the Jivvbara & Subbi Subbi people who are the traditional custodians of the land where we work. We acknowledge their ongoing commitment and connection to the Land, Waters and Community.

We pay our respect to Elders' past, present and emerging.

We celebrate the stories, culture and traditions of all Aboriginal and Torres Strait Islander peoples who work and live on this land.

Supabilities

Supabilities is the perfect gift for the holiday season!

Supabilities is authored and illustrated by Catherine Turnbull and is a beautiful reflection of the world she lives in - where a disability becomes a supability!

Purchase your copy on our website!

quadcare.com.au



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A MESSAGE FROM OUR DIRECTOR, DANI

Client, Family & Support Worker Relationships

Living with a disability as a part of everyday life in Australia means we have this wonderful opportunity to have support, thanks to the NDIS.

The problem is, that we (people with disability and their families) don't typically want to need this role in our lives. Let me say that again. Nobody wants to need support.

I am a mother of three children, and hopefully, one day four, I am thankful for our support, but I tell you, I wish to God we didn't need it, every day.

This life can make us frustrated, it can also make us resilient, strong and forgiving. The good thing is, that everyone, with or without a disability has the basic need for connection, in common.

So how does the home care worker navigate these unique waters?

Well, as you would any other relationship. Relationships take time, don't push them. Let them grow in the way the universe has planned for them. Let them be hard, let them be easy, let them grow, let yourself be challenged and let them be done when they need to be done.

Happy Holidays !

Quad Care wishes you a Merry Christmas and a Happy Holiday! We hope your holiday season is full of joy, laughter and love!



We offer high-quality in-home disability support and home care services with you as the centre piece

With an emphasis on providing respectful and compassionate assistance, we're here to provide individual support for life.

Quad Care's Christmas Party

This year's Christmas party went off without a hitch! Our staff and clients came together to celebrate the huge year we have had.

Thank you to all of our staff, clients and family of clients for all the support you have given Quad Care during this massive year.

We are so grateful to have such a wonderful community.



We're looking for a Speech Pathologist !

Join our multidisciplinary Allied Health team today! At Quad Care, we strive to support our clients achieve their goals. We provide individual support for life!

Enquire on our website for more information!



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INDIVIDUAL SUPPORT FOR LIFE